These are helpful things to get ready for kindergarten, this is not a requirement to enter school.

### Language & Literacy
- Recite alphabet.
- Know most upper and lower case letters.
- Can write first name.
- Know the front and back of book, which page comes first, track words left to right.
- Know some sight words (and, the, to, you).
- Listen to an adult read stories out loud.
- Can retell information from a story.
- Put 3-4 pictures together to tell a story.

### Mathematics
- Know basic shapes (circle, triangle, rectangle, square).
- Can count to 10.
- Can count objects.
- Can compare (more/greater, less, the same/equal, large, small).
- Can sort objects by color, shape or size.

### Social Skills
- Take turns, share, and help others.
- Can work and play both by themselves and in a group.
- Ask for help when needed.
- Pay attention 10-15 minutes at a time.
- Can calm themselves down when they get upset.
- Follow 2-step directions.
- Can express and describe feelings.
- Keep hands to self.

### Physical Development
- Can run, hop, and jump.
- Can use a pencil or crayon.
- Turn pages of a book.
- Use scissors to cut a straight line.
- Clap to a beat.
- Try to tie shoes, use zippers and buttons.
- Bounce, kick, throw and catch a ball.
- Build Legos or toy building blocks.
- Put an 8-10 piece puzzle together.
- Use restroom by themselves.

Helpful tips and resources on the back.
**Language & Literacy**

- Read aloud to your child every day.
  - Let the child hold the book and turn the pages.
  - Move your finger along under the words.
  - Pause while you read and ask your child what they think might happen next.

  15-20 minutes a day adds up to 100 hours each year.

- Point out words that are a part of everyday life, such as words on billboards (Restaurants, Businesses), cereal boxes (Wheaties, Cheerios) and street signs (STOP, School).

**Mathematics**

- Play number games with your child. You and your child can count the number of steps when walking up a set of stairs, count the number of apples in a bag or count the number of toys on the shelf.

- Ask your child questions such as “Which object is bigger or smaller?” or “Which person is taller or shorter?”

- When taking a walk or shopping, ask your child to point to objects that are the same shape and ones that are shaped like squares, triangles or circles.

- Give your child objects to sort and count, such as different colored and shaped blocks, leaves, buttons or plastic animals.

**Social Skills**

- Help them follow directions; example, "Go to the kitchen and bring me a spoon".

- Practice taking turns and sharing with others.

- Limit screen time and play creative games together.

**Physical Development**

- Play games that include running, jumping, hopping, and kicking a ball.

- Do arts and crafts to help them learn how to use scissors, glue, and grip a pencil/crayon.

- Tying shoes, using zippers and buttons (example: putting on a coat).

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**TIPS & RESOURCES**

- Receive one free book a month for your child, from birth to 5 years of age, scan the QR code to sign up!

**The INFOhio Early Learning Portal** contains more than 50 websites and apps to help little learners prepare for school and their futures.

**This form was created by education partners in Muskingum County, Ohio.**